

CURRICULUM VITAE – SHANE (A.) SINCLAIR, PhD

July 2024

EDUCATION

2012 – CIHR Postdoctoral Fellowship, University of Manitoba, MB
2009 – Doctor of Philosophy, University of Calgary, AB
2000 – Masters, Regent College, Vancouver, BC
1997 – Bachelor of Arts, Trinity Western University, Langley, BC

ACADEMIC APPOINTMENTS

July 2013 – present	Director, Compassion Research Lab
July 2022 – present	Professor, Faculty of Nursing, University of Calgary
July 2022 – present	Adjunct Professor, Cumming School of Medicine, Department of Oncology, Division of Palliative Medicine, University of Calgary
May 2018 -- present	Adjunct Associate Professor, Institute of Health Sciences, Catholic University of Portugal
July 2024 – June 2029	University of Calgary Research Excellence Chair
July 2017 – June 2022	Associate Professor, Faculty of Nursing, University of Calgary
July 2017 – June 2022	Adjunct Associate Professor, Cumming School of Medicine, Department of Oncology, Division of Palliative Medicine, University of Calgary
July 2013 - June 2017	Assistant Professor & Cancer Care Research Professor, Faculty of Nursing, University of Calgary
July 2013 - June 2017	Adjunct Assistant Professor, Faculty of Medicine, University of Calgary
July 2012 - June 2017	Adjunct Researcher, Palliative Care Research Unit, University of Manitoba

ACADEMIC AWARDS

2024	Alberta Medical Association, Medal of Honour
2024	University of Calgary Research Excellence Chair
2022	CIHR – Institute of Human Development, Child and Youth Health: 2 nd Place National KT Video Award Competition
2021	CIHR – Institute of Cancer Research/Canadian Association of Psychosocial Oncology Award for Research Excellence
2021	Canadian Association for Spiritual Care, Lifetime Achievement Award
2018	<i>Palliative Medicine</i> , Paper of the Year
2018	Covenant Health, Palliative Care Institute, Neil MacDonald Lectureship Award
2018	University of Toronto, Carmelita Lawlor Lectureship in Palliative Care Award
2018	University of Calgary, Faculty of Graduate Studies, Great Supervisor Award
2018	University of Calgary, Faculty of Nursing/Covenant Health, Pursuit of Excellence Graduate Teaching Award

- 2017 CIHR-Institute of Cancer Research/Canadian Association of Psychosocial Oncology
New Investigator Award
- 2017 University of Calgary, Faculty of Nursing Graduate Teaching Excellence Award (Nominee)
- 2016 University of Calgary, Peak Scholar
- 2016 International Psycho-Oncology Society, Hiroomi Kawano New Investigator Award
- 2016 Covenant Health, Emerging Researcher Award
- 2016 Canadian Cancer Society Research Institute, Junior Investigator Travel Award
- 2016 University of Calgary, Student Union Teaching Excellence Award (Nominee)
- 2013 University of Calgary, Faculty of Nursing, Cancer Centre Research Professorship
- 2013 Canadian Cancer Research Conference, New PI Best Poster Award
- 2012 Canadian Association for Spiritual Care, Award of Excellence in Research
- 2011 Alberta Cancer Foundation, Marlene Mysak Oncology Education Award
- 2010 CIHR Post-doctoral Fellowship (\$90,000)
- 2010 Alberta Health Services, Cancer Care, Palliative Care, Solomon Levin Memorial Award
- 2009 Governor General's Gold Medal (Nominee)
- 2008 University of Calgary, Faculty of Graduate Studies, Graduate Research Scholarship
- 2007 University of Calgary, Faculty of Graduate Studies, Graduate Research Scholarship
- 2007 Canadian Agency for Drug and Technologies in Health, Ottawa, Student Travel Award
- 2006 University of Calgary, Faculty of Graduate Studies, Graduate Research Scholarship
- 2005 University of Calgary, Faculty of Graduate Studies, Graduate Research Scholarship
- 2003 University of Calgary, Faculty of Nursing, Dean's Award
- 2003 Alberta Health Services, Calgary, Spiritual Care Services Doctoral Studies Scholarship

NON-ACADEMIC AWARDS

- 2021 Inspired Albertan, CTV Calgary
- 2013 Calgary's Top 40 Under 40, Avenue Magazine

RESEARCH & SCHOLARLY ACTIVITY

RESEARCH FUNDING (awarded)

(*denotes trainee)

Term	Investigators Agency / Institution	Project Title	Amount (\$)
2021-2026	NPA: S. Sinclair Co-Is: C. MacInnis, *H. Boss Alberta Health	Validation of the Sinclair Compassion Questionnaire Across Multiple Care Settings	100,000
2021-2026	NPA: S. Sinclair Co-As: T. Hack, A. Roze des Ordon, A. Kassam, S. Raffin Bouchal, R. Ellaway, B. Pesut, C. West, *D. Harris CIHR Project Grant	The Development and Evaluation of An Evidence-informed, Competency-based, Accredited Compassion Training Program for Healthcare Providers Caring for Older Adults – The EnACT Study	745,875
2021-2025	PIs: S. Sinclair , A. Singh Co-Is: K. Batra, *C. Chen, *J. Lazarte Loayza, *J. Sutton University of Nevada Las Vegas Kirk Kerkorian School of Medicine	The Validation of the Sinclair Compassion Questionnaire (SCQ) in American English and Spanish Speaking Populations	40,000 USD (54,291 CDN)
2024-2026	PI: I. Galvin, G. Boyd Co-I A. Takaoka, A. Day, S. Sinclair South Eastern Ontario Academic Medical Organization Innovation Grant	Bereaved Relatives' Perceptions of Compassionate Care in the ICU: Bringing the 'Three Wishes' Program to Kingston Health Sciences Centre	94,285
2024-2026	PI: D. Rabi Co-I: T. Chowdury, B. Salami, A. Bharwani, M Uwamahoro, F. Ngoh, F. Boakye, J. Birdsell, R. King, A. Jamal, C. Walsh, J. Drolet, J. Shankar, J. Godly, K. Benzies & S. Sinclair University of Calgary Transdisciplinary Connector Grant	Co-Designing Health Systems for Equity	7,883
2023-2025	PI: M. Bedard Co-Is: S. Sinclair , H. Maxwell, S. Dubois, B. Weaver, A. Stinchcombe Mitacs Accelerate Grant	Fostering compassionate care in long-term care settings: The Development and Validation of the Sinclair Compassion Questionnaire for Care Providers.	103,000
2021-2023	PI: D. Addiss Co-Is: S. Sinclair , S. Syed, M. Lee, K. Long, J. Wortham, J. Mascaro, C. Maru. Templeton World Charity Foundation Grant Challenges Seed Grant	A transdisciplinary approach to transforming global health systems: Advancing human flourishing in the midst of suffering	100,000 USD (120,687 CDN)
2021-2023	NPA: L. Duffett-Leger Co-Is: C. Dennis, N. Letourneau, L. MacKay, M. Moshirpour, S. Sinclair , P. Tryphonopoulos. Alberta Children's Hospital Research Institute Catalyst Seedling Award	Development, Validation and Testing of Enabling Quality Interactions with Parents (EQUIP)	50,000
2021-2022	NPA: L. Duffett-Leger Co-Is: C. Dennis, N.	Development and Validation of Enabling Quality Interactions with Parents	72,000

	Letourneau, L. MacKay, M. Moshirpour, S. Sinclair , P. Tryphonopoulos. SSHRC Insight Development Grant	(EQUIP): An Automated Software that Codes Parent-Child Interaction Quality	
2021-2022	NPA: L. Duffett-Leger Co-Is: C. Dennis, N. Letourneau, L. MacKay, M. Moshirpour, S. Sinclair , P. Tryphonopoulos. University of Calgary, Vice-President Research Catalyst Grant	Development of Enabling Quality Interactions with Parents (EQUIP) : An Automated Software that Codes Parent Child Interaction Quality	13,894
2020-2021	NPA: S. Sinclair Co-PAs: T. Hack, A. Roze des Ordon Co-Is: R. Ellaway, A. Kassam, B. Pesut, S. McClement, S. Raffin Bouchal, et al. CIHR Project Grant Bridge Funding	The Initial Development of an Evidence-informed, Competency-based, Accredited, Compassion Training Program—The EnACT Study	176,234
2019-2024	PI: S. Kaasalainen Co-As: S. Sinclair , P. Hunter, L. McCleary, T. Sussman, G. Thompson, L. Venturato, A. Wickson-Griffiths, V. Bourgeois-Guerin, K. Fisher, T. Hadjistavropolous, M. MacDonald, R. Martin-Misener, S. McClement, J. Penner, J. Ploeg, J. You CIHR Project Grant	Implementing, Evaluating, and Scaling Up of the Strengthening a Palliative Approach in Long Term Care (SPA-LTC) Program	948,600
2018-2021	PI: S. Sinclair Co-Is: Schulte, F., Raffin, S., Kuhn, S., Guilcher, G., Letourneau, N., Rapoport, A., Chung, J., Fernandez, C., Rapoport, A. C-17 Round 21 Operating Fund	Conceptualizing and Operationalizing Compassion in Pediatric Oncology: The Development of a Patient, Family Member and Healthcare Provider Informed Theoretical Model	108,217
2018-2020	PI: S. Sinclair Co-Is: F. Schulte, S. Raffin-Bouchal, N. Letourneau, S. Kuhn, G. Guilcher. Faculty of Nursing, Bridge Funding	Development of a Pediatric Model of Compassion	50,000
2016-2020	NPA: S. Sinclair Co-PAs: T. Hack, C. MacInnis Co-Is: D. Barwich, S. Baxter, H. Chochinov, S. Cory, D. Dudgeon, et al. CIHR Project Grant	Development and Validation of a Patient-reported Measure of Compassionate Care	638,356
2016-2020	NPA: T. Stelfox Co-PA: D. Heyland Co-Is: S. Sinclair , A. des Ordon, T. Sinuff, P. Allat, C. Doig, M. Eisenstat, N. Foster,	The Development and Validation of a Family-Partnered Care Pathway for Very elderly Patients Admitted to ICU	1,388,754

	P. Oxland, et al. CIHR Team Grant – Late Life Issues		
2016-2019	PI: A. des Ordon Co-Is: S. Sinclair , H. Stelfox, T. Sinuff, D. Heyland. MSI Foundation	Identifying Spiritual Distress in Families of Older ICU Patients: The INSPIRE Study	96,000
2015-2018	PI: S. Kaasalainen Co-PIs: A. Costello, P. Hunter, P. Neves, T. Sussman, G. Thompson et al. Co-Is: N. Akhtar-Danesh, V. Bourgeois-Guérin, H. Chochinov, V. dal Bello-Haas, S. Sinclair et al. Alberta Innovates – Health Solutions, co-funding from CIHR, Partnerships in Health System Improvement	Partnering Together to Improve Palliative Care in Long Term Care	740,000
2015-2017	PI: S. Sinclair Co-Is: H.M. Chochinov, T. Hack, N. Hagen, S. McClement, S. Raffin Bouchal et al. MSI Foundation	Healthcare Providers' Understandings and Experiences of Compassion: Improving the Delivery of Healthcare Services to Albertans from the Inside-out	98,000
2015-2017	PI: T. Sussman Co-Is: S. Kaasalainen, K. Brazil, M.L. Kelley, J. Yu, S. Sinclair et al. Network of Centres of Excellence, Technology Evaluation in the Elderly Network	Improving Palliative Care in Long Term Care Homes Using Participatory Action Research	600,000
2015-2016	PI: T. Sussman, Co-PI: S. Kaasalainen Co-Is: V. Bourgeois-Guerin, M. Earl, P. Hunter, L. McCleary, S. Sinclair , D. Surtees, G. Thompson, L. Venturato, A. Wickson-Griffiths, J. You, & L. Young, et al. CIHR Planning and Dissemination Grant	Working Together to Support a Palliative Approach in Longterm Care: A Pan Canadian Initiative	20,000
2014-2017	PI: C. Laing Co-Is: N. Moules, A. Estefan, S. Sinclair , M. Lang. University of Calgary, Faculty of Nursing, Special Call Operating Grant	Stories that Heal: Understanding the Effects of Creating and Viewing Digital Stories with Adult Oncology Patients and Healthcare Teams	21,130
2014-2015	PI: S. Bremault-Phillips Co-Is: T. Borneman, P. Brett-Maclean, B. Ferrell, R. Magnus, S. Sinclair et al. Covenant Health, Faith, Spirituality and Health Research Grant	Use of the FICA Tool: Integrating Spirituality as a Key Component of Care by Inter-professional Palliative and Geriatric Hospital-based	25,000

2013-2016	PI: S. Sinclair University of Calgary	Cancer Care Research Professorship	300,000
2013-2016	Lead: S. Cory Co-leads: G. Horst, S. Sinclair. Canadian Partnership Against Cancer	CPAC Cultural and Religious Tools Project with the Canadian Virtual Hospice	180,000
2013-2015	PI: S. Sinclair Co-Is: M. Civitella, O. Hall, M. Butler. Alberta Cancer Foundation	Implementing and Evaluating a Provincial Cancer Care Healing Arts Program	1,073,079
2013-2014	PI: L. Selman Co-PIs: S. Sinclair , A. Allsop, R. Egan, L. Grant, I. Karvinen et al. The Sir Halley Stewart Trust	Spiritual care in palliative care: An international qualitative study of service users' experiences, needs, and preferences (InSpirit)	£13,440 (\$23,692 CAD)
2013-2014	PI: S. Sinclair Co-Is: H.M. Chochinov, T. Hack, N. Hagen, S. McClement, S. Raffin Bouchal. CIHR Open Operating Grant	Understanding Compassion: An empirical approach to cancer patients' perspectives and experiences of compassion at the end of life	88,410
2012-2014	PI: L. Carlson Co-Is: M. Speca, K. Collie, S. Sinclair. Wings of Hope	Healing through the Creative Arts: Arts-based Workshops for Breast Cancer Survivors	49,560
2012-2014	PI: S. Sinclair Alberta Cancer Foundation, Innovation Projects	Identifying the optimal psycho/social/spiritual care delivery model within a Bone Marrow Therapy Clinic	55,286
2010-2011	PI: S. Raffin Bouchal Co-Is: P. Rosenau, S. Sinclair. University of Calgary, Faculty of Nursing, Endowment Award	A Wellness Program for Professional Hospice Caregivers: A Grounded Theory Study	5,000
2009-2010	PI: S. McClement Co-Is: H.M. Chochinov, T. Hack, S. Sinclair , C. Stiles, GNB Thompson. CIHR and Manitoba Health Research Council	Assessing the Relevance of the Patient Dignity Inventory in Identifying Distress and Influencing Clinical Care in Palliative Care	111,812
2009-2010	PI: S. McClement Co-Is: H.M. Chochinov, T. Hack, S. Sinclair , C. Stiles, G.N.B. Thompson. CIHR Institute of Cancer Research	Assessing the Relevance of the Patient Dignity Inventory in Identifying Distress and Influencing Clinical Care in Palliative Care	100,000
2001	PI: S. Sinclair. Alberta Cancer Board, Palliative Care Research Initiative	Pilot Project Grant for Spirituality of an Interdisciplinary Team Study	1,000

RESEARCH FUNDING (under review)

Term	Investigators Agency / Institution	Project Title	Amount (\$)
2024-2026	PI: Careau, E., René de Cotret P., and Sinclair, S.	'Do You Want a Visit?': Exploring the Impact of a Pedagogical Innovation	24,961

	Université Laval, Faculty of Medicine Philanthropic Fund	Aimed at Developing Empathy and Compassion on the Well-Being of Medical Students	
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OTHER RESEARCH FUNDING

Term	Investigators Agency / Institution	Project Title	Amount (\$)
2003-2007	PI: S. Sinclair Calgary Health Region, Spiritual Care Services	Doctoral Tuition Grant	13,710
2006	PI: S. Sinclair University of Calgary, Faculty of Medicine	Undergraduate Medical Education Grant	8,000
2004-2005	PI: S. Sinclair Alberta Cancer Board, Palliative Care Research Initiative	Doctoral Education Grant	5,000

RECENT SELECTED PUBLICATIONS and PRESENTATIONS

REFEREED PUBLICATIONS (*denotes trainee)

*Boss H., MacInnis C., Simon R., Jackson J., Lahtinen M., & **Sinclair S.** (2024). What role does compassion have on quality care ratings? A regression analysis and validation of the SCQ in emergency department patients. *BMC Emergency Medicine*. 24(124):1-13. IF 2.3.
<https://link.springer.com/content/pdf/10.1186/s12873-024-01040-8.pdf>

Soto-Rubio A., Picazo C., Gil-Julia B., Andreu-Vaillo Y., Perez-Marin M., & **Sinclair S.** (2024). Patient-reported assessment of compassion in Spanish: a systematic review. *Frontiers in Medicine*. 11:1-13. IF 5.06. <https://doi.org/10.3389/fmed.2024.1352694>

Sinclair S., Dhingra S., Raffin-Bouchal S., MacInnis C., *Harris D., Roze des Ordon A., Pesut B. (2024). The Initial Validation of an Evidence-informed, Competency-based, Applied Compassion Training (EnACT) Program: A multimethod study. *BMC Medical Education*. 24(686):1-14. IF 3.9.
<https://doi.org/10.1186/s12909-024-05663-0>

*Soto-Rubio A., Andreu Y., Gil-Juliá B., Picazo C., Murgui S., MacInnis C.C., & **Sinclair S.** (2024). Adaptation and validation of a patient-reported compassion measure in the Spanish population: The Spanish version of the Sinclair Compassion Questionnaire (SCQesp). *Research in Nursing and Health*. 47:344-355. doi: [10.1002/nur.22373](https://doi.org/10.1002/nur.22373) IF. 2.4.

*Bond C., Hui A., Timmons S., Wildbore E., & **Sinclair S.** (2024). Discourses of Compassion from the Margins of Healthcare: The Perspectives and Experiences of People with a Mental Health Condition. *Journal of Mental Health*. 33:1, 31-39.
<https://doi.org/10.1080/09638237.2022.2118692> IF. 3.3.

Pavlova A., Paine S.J., **Sinclair S.**, O'Callaghan A., & Consedine N. (2023). Working in value-discrepant environments inhibits clinicians' ability to provide compassion and reduces wellbeing: A cross-sectional study. *Journal of Internal Medicine*. 293:704-723. <https://doi.org/10.1111/joim.13615> IF. 13.06.

- *Chu M., Jaggi P., *St Louis J., & **Sinclair S.** (2023). Initial validation of the Patient Compassion Model and Sinclair Compassion Questionnaire in a Mandarin-Speaking long-term care patient population. *Journal of Nursing Management*. [E-Pub: Ahead of Print]. <https://doi.org/10.1891/JNM-2022-0097> IF. 4.68.
- *Malenfant S., Jaggi P., Hayden K. Alix., & **Sinclair S.** (2022). Compassion in healthcare: An updated scoping review of the literature. *BMC Palliative Care*. *BMC Palliative Care*. 21:80-108. IF. 3.7.
- Thienprayoon R., **Sinclair S.**, Lown BA., Pestian T., Awtrey E., Winick N., Kanov J. (2022). Organizational compassion: ameliorating healthcare worker's suffering and burnout. *Journal of Wellness*. 3(4), Article 1. <https://doi.org/10.55504/2578-9333.1122>. IF.1.24.
- Sinclair S.**, *Harris D., Kondejewski J., Roze des Ordons A., Jaggi P., Hack TF. (2022). Program leaders' and educators' perspectives on the factors impacting the implementation and sustainment of compassion training programs: A qualitative study. *Teaching and Learning in Medicine*. 35(1):21-36. <https://doi.org/10.1080/10401334.2021.2017941> IF. 2.41.
- Sinclair S.**, Kondejewski J., Hack TF., *Boss HCD, MacInnis CC. (2021). What is the most valid and reliable compassion measure in healthcare?: An updated comprehensive and critical review. *The Patient*. 15:399-421. <https://doi.org/10.1007/s40271-022-00571-1>. IF. 3.462.
*Winner Journal's 2022, 2023 [Top 10 Most Read Articles](#)
- Sinclair S.**, Kondejewski J., Jaggi P., Roze des Ordons AL., Kassam, A., Hayden K. Alix., *Harris D., Hack TF. (2021). What works for whom in compassion training programs offered to practicing healthcare providers: A realist review. *BMC Medical Education*. 21(1):455. <https://doi.org/10.1186/s12909-021-02863-w>. IF. 1.831.
- Sinclair S.**, Hack TF., MacInnis C., Jaggi P., *Boss H., McClement S., Sinnarajah A., Thompson G & The COMPASS Research Team. (2021). The development and validation of The Sinclair Compassion Questionnaire (SCQ). *BMJ Open*. 11(6):e045988. Doi: <https://dx.doi.org/10.1136/bmjopen-2020-045988>. IF. 2.9.
- Sinclair S.**, Kondejewski J., Jaggi P., Dennett L., Roze des Ordons AL., Hack TF. (2020). What is the state of compassion education? A systematic review of the content, methods and quality of compassion training in health care. *Academic Medicine*. 96(7):1057-1070. Doi: <http://doi.org/10.1097/ACM.0000000000004114>. IF. 6.89. *Featured paper of issue's editorial Doi: <http://doi.org/10.1097/ACM.0000000000004131>

BOOK CHAPTERS

- *Harris D., & **Sinclair S.** (2023). Compassion in Palliative Care. In H.M. Chochinov, B. Breitbart (Eds.) *Handbook of Psychiatry in Palliative Medicine: Psychosocial Care for the Terminally Ill*. (pp. 355-367). Oxford: Oxford University Press.
- Lasair S., & **Sinclair, S.** (2018). Family and Patient Narratives in the ICU: Bridging Discourses Through Compassion. In G. Netzer (Ed.) *Reducing Suffering and Improving Outcomes: Understanding and Responding to a Family Intensive Care Unit Syndrome* (pp. 289-300). New York: Springer Publishers.
- Puchalski C., Vitillo R., Jafari N., Bauer R., & **Sinclair S.** (2017). Spiritual Care as an Essential Component of Palliative Care. In X. Gomez-Baptise & S. Connor (Eds.) *Building Integrated Palliative Care Programs and Services, Worldwide Hospice and Palliative Care Association Palliative Care Guidelines* (pp. 317-348). Catalonia, Spain.
- Sinclair S.** (2015). Spiritual communication. In E. Wittenberg-Lyles, B. Ferrel, J. Goldsmith, T. Smith, S. Ragan, M. Glajchen, & G. Handzo (Eds.) *Oxford textbook of palliative care communication* (pp. 301-310). Oxford: Oxford University Press.

- Sinclair S., & Chochinov HM.** (2013). Research and practice: Spiritual perspectives of a good death within evidenced-based healthcare. In P. Bramadat, K. Stajudhar, & H. Coward (Eds.) *Spirituality in hospice palliative care* (pp. 97-126). Albany: SUNY Press.
- Sinclair S.** (2012). Spiritual care. In N. Macdonald, N. Hagen, & D. Oneschuk (Eds.) *Palliative medicine: A case based manual, 3rd Ed.* (pp. 209-220). Oxford: Oxford University Press.
- Sinclair S., & Chochinov HM.** (2012). Dignity: A novel pathway into the spiritual landscape of the human heart. In C. Puchalski, M. Cobb, M., & B. Rumbold (Eds.) *The Oxford textbook of spirituality in healthcare* (pp. 145-150). Oxford: Oxford University Press.
- Sinclair S., & Chochinov HM.** (2012). Dignity conserving care: Research evidence. In C. Puchalski, M. Cobb, M., & B. Rumbold (Eds.) *The Oxford textbook of spirituality in healthcare* (pp. 285-292). Oxford: Oxford University Press.